

# 2006

# Wellness Fair

This health fair is for participants in the State Of Nevada PEBP self-funded PPO plan (currently employed or retired) and their covered spouses and dependents 18 and older.

Bring your 2006 or current State of Nevada PEBP ID card for entry to the Wellness Fair.

For additional information call: **Jayme Graney** at **(775) 982-5081**.

#### THESE ITEMS WILL BE OFFERED:

**Blood Chemistry Panel:** 10-12 hours prior fasting is required. Please drink water and take medications. Tea and decaffeinated black coffee are OK. No charge with PEBP ID card.

**PSA:** A lab test for prostate cancer screening, suggested for men over 50. No charge with PEBP ID card.\*  
No other lab tests available. Results mailed to your home in 3-4 weeks.

#### Blood Pressure Check

#### Body Fat Analysis & Weight Check

#### Health Assessment Questionnaire

**Flu Shot:** No charge with PEBP ID card.\*

**Pneumonia Shot:** Must be 65 or older. No charge with PEBP ID card.\*

**Heel Bone Scan Screening:** A \$25 fee payable at the time of service. You may apply this screening to your wellness benefit. A receipt will be provided.

#### Healthy Lung Display

#### Health Education and Wellness Materials

#### \*Wellness Benefit Reminder

*The Prostate Specific Antigen (PSA) blood test, flu and pneumonia shots will be deducted from each participant's \$2,500 annual wellness benefit.*

*If your wellness benefit is depleted at the time of the Wellness Fair, you will be billed for the cost of these services.*

*For questions regarding your wellness benefits, please call Fiserv Health Benefit Planners at (877) 963-8232.*

## Carson City

**October 10, 11, 12 & 13, 2006**

**7 a.m. – 11 a.m.**

**Carson City Community Center**

*New This Year:*

## ENTRY TIMES!

Call Hometown Health Hotline at **775-982-5757** or **1-888-324-3243** between **8 a.m. – 4 p.m.** daily to schedule your entry time for:

- **Health Fair**
- **Flu and/or Pneumonia shot** only
- **to reschedule entry time**

If you are diabetic or have special needs, please inform the operator.

Entry Day & Times will be enforced to create shorter lines for everyone.

*Hometown  
Health*   
It's your hometown

NEVADA PUBLIC EMPLOYEES' BENEFITS PROGRAM  
**PEBP**  
*Health Matters.*



Washoe Medical Center



Washoe Medical Center

77 Pringle Way  
Reno, NV 89502

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**2006 State of Nevada Wellness Fairs**

Las Vegas	November 15-17, 2006	7 a.m. – 11 a.m.	Cashman Center, Rooms 203-206
Caliente	November 13, 2006	8 a.m. – 10 a.m.	Olson Senior Center
Reno	November 1-3, 2006	7 a.m. – 11 a.m.	Reno Convention Center
Fallon	October 25, 2006	7:30 a.m. – 11 a.m.	Fallon Convention Center
Carson City	October 10-13, 2006	7 a.m. – 11 a.m.	Carson City Community Center
Elko	October 6, 2006	7 a.m. – 11 a.m.	Great Basin Community College